

Overview

Gosaikunda trek is also known as the holy lake circuit trek in the Langtang region. This gosikunda lake is located at the altitude of 4,380 M in the Rasuwa District. The total lakes are 108 in this area, small to medium size. We cross the Challenging Lauribina Pass at altitude of 4,610 m (15,120 ft) is on its outskirts. Our trek itinerary for Gosaikunda Trek start from Dhunche Village about 6 hrs drives by Comfortable 4W jeep. Our first day trek involves a long steady climb to reach Chandan Bari/ Singgomba (3,330m/10,925ft) .On our Second day we Pass through Laurebinayak (3,700 M) and we reach the Gosaikunda.

After Gosaikunda Lake Exploration we Pass Laurebinayak (4,609m/15,121ft) and we trek through mostly descent some of the beautiful villages like Kutumsang and Chisopani before heading back to Kathmandu City. Along the way you delight panoramic views of high Himalayas. The highlight of this trek, the sacred lake Gosaikunda, Hindu place of pilgrimage dedicated to Lord Shiva which is based on a perched 4298m high plateau.

Itinerary Details

Day 01 : Kathmandu (1300m/ 4265ft)

Our office Staff with Car & driver will welcome, greet you at International Airport on Arrival. After Visa formalities complete, you have to come downstairs to collect Luggage and proceed to outside from terminal Building. Please look after your Printed Name and Our Company Signboard and follow them. Meet our Staff and then Transfer to Hotel. Check in at Hotel, free welcome drinks tea/coffee or any cold drinks. Company Manager will meet you with your guide and will provide detailed Plans and Briefing about the trip. Balance trip Payment should clear if any etc. Free day for relax or explore around the city yourself.

Day 02 : Kathmandu

After Breakfast your day will start for sightseeing tour of 4 Popular UNESCO Heritage sites of Kathmandu Valley. Our first destination is Swoyambhunath. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. Your guide will enlighten you with detailed historical and cultural information about the place. After this you will visit Living goddess home and Kathmandu Durbar square. Locally this, Old royal palace area is called Basantapur Area or Hanuman dhoka Durbar Square. Our next sightseeing will be at Boudha nath (the biggest & Largest Buddhist Stupa in the World). In this Area, you will visit Buddhist Monastery and stop for lunch Break. If weather is clear you can see nearest Mountain of Kathmandu- Ganesh Himal from top of Restaurant. After Lunch, we will visit Hindus temple Pasupatinath. This is end of tour for today. We will drive back to hotel and plan for trekking trip, packing for ready to go for tomorrow.

Day 03 : Kathmandu – Dhunche (1950m/ 6397ft)

Estimated time: 5-6 hours estimated height gain: ~2132ft Drive to Dhunche via Trisuli Bazaar by private transport. Overnight in DHUNCHE (4WD is necessary because of the rocky un-asphalted road).this is about 5-6 hour drive.

Day 04 : Dhunche - Sing Gompa (3584m/ 11758ft)

Estimated time: 5-6 hours estimated height gain: ~5361ft Today we start our trek passing the gompa, school and army post, and then switchback up the steep hill above the village to Dursagang (2660m). The trail continues less steeply from now, mostly in forest of hemlock and oak to the top of the ridge at Foprang Danda, where we will have lunch. The trail to Sing Gompa cuts across the ridge top, staying fairly level as it crosses the head of the valley. After passing the final ridge at 3260 meter we will arrive at Sing Gompa (4 hrs).

Day 05 : Sing Gompa – Goisakunda (4381m/ 14373ft)

Estimated time: 5-6 hours estimated height gain: ~2615ft The trail of today climbs steeply up the ridge, which creates a transition zone between rich, moist forests on the northern slopes and dry scrub vegetation on the slope facing south. The area on the northern slope is a sanctuary for the red panda, an endangered species that the Nepali calls cat bear. The trail crosses behind the ridge and stays in the deep forest for a while before emerging onto a saddle at Chalang Pati. From here we enter the Goisakunda protected area where the killing of animals, lighting of wood fires and grazing of goats is prohibited. As the trail ascends there are outstanding views across Langtang valley to Langtang Lirung. We start by climbing further along the ridge till we see the first lakes at around 4100 meter. The trail now leaves the ridge and heads high above the Trisuli valley. After the trail crosses a spur, the second lake in the chain (Bhairav Kund) comes into view. The trail climbs gently but continuously to the third and largest lake, Goisakund. Goisakund lake has a black rock in the middle, said to be the head of Shiva. According to the legend, Shiva created the lake when he pierced a glacier with his trident to obtain water to quench his thirst after consuming poison. Hundreds of pilgrims come here to worship and bathe during the full-moon festival each August. It takes about 45 minutes to walk around the lake (3 hrs).

Day 06 : Goisakunda –LauriBinayak (4609m/ 15121ft)- Gopte (3430m/ 11253ft)

Estimated time: 5-6 hours estimated height gain: ~3120ft The first part of the trail climbs further through rugged country passing three more small lakes towards Laurebina La pass (4610m). There is a good view from this pass in both directions. After the pass, the trail descends alongside a stream through alpine country to the national park post at Bhera Goth. We continue descending over a rocky trail along the middle of the valley to Phedi (3740m) for lunch. From Phedi the route drops to a stream and then climbs through scrub bamboo to a crest at 3750 meter. From here we climb in and out ravines across the head of the valley to Gopte (7 hrs).

Day 07 : Gopte – Tharepati (3600m/ 11811ft)

Estimated time: 5-6 hours estimated height gain: ~558ft The trail continues up ravines and across the boulders of old moraines below the wreckage of a Thai Airlines plane that crashed here in bad weather in 1992. Make a final ascent to Tharepati on the ridge at 3490m from where we can see the Helambu region. We will arrive around noon and rest of the day we can just relax (4hrs).

Day 08 : Tharepati - Gul Bhanjyang (2492m/ 8175ft)

Estimated time: 5-6 hours estimated height gain: ~3636ft In the morning we walk through the alpine country side with meadows and scrubs typical for high elevation. We will enter the forest again and follow the ridges before descending to Magen Goth. Two lodges are remaining from a former army camp. The trail gently climbs to a small pass at Mere Danda at 3510 meter before descending through rhododendron forest inhabited by only a few shepherds' huts. The trail continues further down to Kutumsang from where we continue to the nearby Gul Bhanjyang , which is a delightful classic hill village (6 hrs).

Day 09 : Gul Bhanjyang – Chisopani (2194m/ 7198ft)

Estimated time: 5-6 hours estimated height gain: ~977ft We start by descending down a forested ridge to the long, strung-out village of Thodang Betini (2260m). From here we climb up around 200 meters to the top of the Jhugin Danda ridge and descend over a stone staircase to the teashops at Chipling. Continuing our way down past Brahman and Chhetri villages and through meadows and fields we finally reach Chisopani, which resembles an unfinished tourist resort (5 hrs).

Day 10 : Chisopani – Kathmandu (1300m/ 4265ft)

Estimated time: 5-6 hours estimated height gain: ~2933ft We start the day by climbing up the last pass of the trek at Borlang Bhanjyang, which lies at 2240 meter. From here we descend steeply through deeply eroded chasms towards the Tamang settlement of Mulkharka at 1800 meter. From here on it is a short bit to Sundarijal as we walk past the local water supply system and follow the water pipe to this village. From Sundarijal we can take local transportation, or have our private transport waiting for us to bring us back to Kathmandu (4 hrs). Overnight stay at hotel. Today evening, we organize Nepalese cultural dinner.

Day 11 : Kathmandu - Departure

Morning free for last Minute shopping or time as your own. Our driver and airport representative drive you to the airport in time for your flight back home. We ensure that you leave Kathmandu with cherishing memory and an experience of a lifetime.