

Overview

Everest view trek is one week short and scenic trek in Khumbu region. We hike up to Tengboche (3859M) for superb View of Mt. Everest (8,848M) world's highest peaks, including Lhotse, Thamserku, Ama Dablam and many other snowy peaks.

This trekking is ideal for those people who want to do short trek in Nepal in order to see Panoramic Everest and Himalayas view without hard climbing. Our expert local Sherpa guide from Everest region leads your trek and our Porter will carry your entire luggage. To begin our journey for Everest view trek, we fly to Lukla from Kathmandu on day 03 after finishing of tour and sightseeing in Kathmandu city.

Comfortable Lodge accommodation with all meals will be provided in our Everest view trek package. Our package includes the hotel accommodation with breakfast in Kathmandu. Comfortable Vehicle as well as domestic flight to Lukla on the beginning and Lukla to Kathmandu end of the trek.

Everest region is well-known for Sherpa's homeland and villages. One can explore the very attractive Sherpa village of Khunde and Khumjung on this trek. One day rest at Namche bazaar will definitely help you to acclimatize properly to go up to Tengboche (3,860M). This trek is worth to do for great views of Everest and others Peaks.

Everest view trek not only provides the Views of high Peaks, It also presents the great interaction of Sherpa People and its culture. Since, we are Local Sherpa from the Everest region. Our treks are Leads by Local Sherpa guides accompanying with Porters. Below 12 days Everest view trek itinerary is perfectly designed, however you can extend or shorter the itinerary as your interest and time. We are flexible for any changes and our guides will be very flexible during the trek.

Itinerary Details

Day 01 : Arrival Kathmandu (1300m / 4264ft)

Our office Staff with Car & driver will welcome, greet you at International Airport on Arrival. After Visa formalities complete, you have to come downstairs to collect Luggage and proceed to outside from terminal Building. Please look after your Printed Name and Our Company Signboard and follow them. Meet our Staff and then Transfer to Hotel. Check in at Hotel, free welcome drinks tea/coffee or any cold drinks. Company Manager will meet you with your guide and will provide detailed Plans and Briefing about the trip. Balance trip Payment should clear if any etc. Free day for relax or explore around the city yourself. Dinner included.

Day 02 : Kathmandu - Lukla- Phakding (2652m / 8700ft)

Estimated time: 3-4 hours estimated height gain: ~1352m/ 4436ft Early morning you will

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be picked up by your guide to go to the Kathmandu airport, from where we will take the airplane to Lukla, which will take us about 30 minutes of flight time. At Lukla we will be meet our porters and will head north from the airstrip to Chablung (2700m). Here we will cross the Tharo Kosi river on a local-style suspension bridge. Just past the bridge we can see the peak of Kusum Kangru (6367m), which is the most difficult of the so-called "trekking peaks". Beyond the Tharo Kosi the trail climbs a bit towards Ghat (2590m), we will cross a ridge marked with painted mani stones and climb to Phakding where we will stay overnight. All meals included.

Day 03 : Trek To Namche Bazaar (3440m / 11280ft)

Estimated time: 6-7 hours estimated height gain: ~788m / 2580ft From Phakding we follow the valley of the Dudh Kosi River, staying on the west bank of the river. We climb steeply over a rocky ridge towards Benkar (2710m). From here the trail continues alongside the river. All along this part of the trail, villages are interspersed with magnificent forests of rhododendron, magnolia and giant firs. In both the early autumn and late spring, the flowers on this portion of the trek make it a beautiful walk. We cross the Kyashar Khola river and climb out of the valley to Monjo (2840m). Just beyond Monjo the trek enters the Sagarmatha (Everest) National Park, which was established in 1976 to protect a 1148 sq km area surrounding Mt Everest. Beyond the national park entrance station, the trail makes a steep rocky descent and crosses the Dhud Kosi river on a 120m-long suspension bridge towards Jorsale (2830m). After crossing this river a few times while climbing our way up the valley we will reach Namche Bazaar (3420m). Namche Bazaar is the main trading centre in this region and features numerous shops, hotels and restaurants all meals included.

Day 04 : Namche Bazaar

Acclimatization is important before proceeding higher. Today we will take a day hike through the villages of Khunde and Khumjung. We start with a steep one-hour climb to the Shyangboche airstrip (3790m), from where we will slowly ascent towards Khunde passing numerous chorten (stone Buddhist monuments). From Khunde we follow the trail eastwards to Khumjung, the largest village in Khumbu, at the foot of the sacred peak Khumbila. After enjoying lunch here we will follow a steep switchbacking trail descending to Chhorkung (3540m). From here it is a quick descent back to Namche Bazaar (5 hrs). If you are physically well for Acclimatization, you could trek up to THAME Sherpa Village and return to Namche. All meals included.

Day 05 : Trek To Tengboche (3870m / 12694ft)

Estimated time: 4-5 hours estimated height gain: ~80m/ 260ft The views of Everest and Ama Dablam are excellent from this part of the trek. We pass the small settlement of Sanasa from where the trail drops towards Phunki Thanga (3250m). From here the trail climbs steeply through forests and around mani stones as it follows the side of a hill to the saddle on which the monestary of Tengboche sits at 3870m. The view from here is rightly deemed to be one of the worlds most magnificent. Kwangde (6187m), Tawachee

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(6542m), Everest, Nuptse, Lhotse (8501m), Ama Dablan, Kantega and Thamserku provide an inspiring panorama of Himalayan giants. We will spend the night in Tengboche village. all meals included.

Day 06 : Trek Back To Manju (2840m / 9315ft)

Estimated time: 5-6 hours estimated height gain: ~1030m / 3379ft This is easy day and short day. All the way descend via Namche bazaar. You can spend time around Everest view hotel at Khumjung and take lunch at Namche and slow trek down to Manju. All meals included.

Day 07 : Manju- Lukla (2860m / 9383ft)

Estimated time: 6 hours estimated height gain: ~20m/ 68ft Trek back to Lukla Airport and Overnight stay (5 hrs).

Day 08 : Lukla- Kathmandu

After breakfast, fly to Kathmandu (this is scenic flight of 35 min). Drive to Hotel and easy day at Kathmandu city for rest day or shopping. Breakfast included.

Day 09 : Departure

Morning free for last Minute shopping or time as your own. Our driver and airport representative drive you to the airport in time for your flight back home. We ensure that you leave Kathmandu with cherishing memory and an experience of a lifetime. Breakfast included.