

Overview

Dudd Kunda Trekking is suitable for trekkers who wish to leave conventional circuits and to meet with villagers. The purpose of this trip is the discovery of a Sherpa village and its traditions through a 12 day trek and climbs the Pikey Danda (4065m). Beyond the physical passing, this adventure will allow you to share moments of daily life of indigenous peoples. Dudh Khunda trek is new and unique trek that has been designed by look at the high mountains and remote Solu Khumbu region. Though less high and famous than the neighboring Khumbu, it is likewise inhabited by the friendly Sherpa people. Solu also receives far less trekking traffic than the Khumbu so; it is making more cherished and real experience of the trek. Dudh Kunda Lake (which literally means milky lake) is situated at the foot of Numbur Himal, locally known as Shoring Yul Lha, Protector of Solu.

Dudh Kunda Lake is believed to be the abode of Lord Shiva. The devotees believe that taking a dip into the ice cold lake will absolve them from all their sins and bless childless families with children. The trail takes you through dense forests of rhododendron, pine trees and variety of wildlife; such as mountain thars, bears, leopards and birds. Amazing views of flora and fauna and experience of diverse cultures of Sherpas, Khaling Rais, Tamangs, Magars, Gurungs, make this journey a lifetime experience. The hospitality of the locals is one of the most heartwarming experiences of the Solu area. Moreover, you will enjoy panoramic Himalayan views of Everest, Numbur, and Everest Himalaya range. This is a journey to a part of the world where very few people have set foot until now, a cultural journey for young to old and for all.

Itinerary Details

Day 01 : Arrival Kathmandu (1300m/ 4264ft)

Our office Staff with Car & driver will welcome, greet you at International Airport on Arrival. After Visa formalities complete, you have to come downstairs to collect Luggage and proceed to outside from terminal Building. Please look after your Printed Name and Our Company Signboard and follow them. Meet our Staff and then Transfer to Hotel. Check in at Hotel, free welcome drinks tea/coffee or any cold drinks. Company Manager will meet you with your guide and will provide detailed Plans and Briefing about the trip. Balance trip Payment should clear if any etc. Free day for relax or explore around the city yourself. In the evening we will take you to excellent traditional Nepalese Restaurant where you will enjoy Local Cultural dance program as well as 6 course meals. Overnight at Hotel (Dinner, Breakfast included)

Day 02 : Kathmandu: Sightseeing And Trek Preparation

After Breakfast your day will start for sightseeing tour of 4 Popular UNESCO Heritage sites of Kathmandu Valley. Our first destination is Swoyambhunath. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. Your guide will enlighten you with detailed historical and cultural information about the place. After this you will visit Living goddess home and Kathmandu Durbar

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square. Locally this, Old royal palace area is called Basantapur Area or Hanuman dhoka Durbar Square. Our next sightseeing will be at Buddha nath (the biggest & Largest Buddhist Stupa in the World). In this Area, you will visit Buddhist Monastery and stop for lunch Break. If weather is clear you can see nearest Mountain of Kathmandu- Ganesh Himal from top of Restaurant. After Lunch, we will visit Hindus temple Pasupatinath and tour for today is finished. It normally takes 5-6 hours tour to visit all these 4 monuments within Kathmandu city. Afternoon free for packing for trek and getting ready. Overnight at Hotel (Breakfast included)

Day 03 : Drive Kathmandu To Bhandar Via Jiri (1905m/ 6250ft)

Estimated Time: 6 hours estimated height gain: ~1986ft Today your guide will pick you up from your hotel early mornings for transportation to Jiri by private transport. Although Jiri is only 188 km away from Kathmandu, the trip will take us still around 6 hrs. Jiri is a colorful Sherpa and other caste villages at 1900m high Elevation. We drive to continue to Bhandar. From where, we start our wonderful trek journey in the Sherpa Land. Still Road conditions is not very good however, it is improving. Enjoy the views of Kosi River and panoramic views of the eastern Himalaya including Ganesh Himal, Langtang Lirung and Dorje Lakpa. Overnight at Guest house. (Breakfast, Lunch and dinner included)

Day 04 : Trek To Namkheti (2300m. /17355ft.)

It's about 7 hours walk to Namkheti. First couple of hours you descend trail to Likhu river then you will cross the Bridge then you will start to climb up to Namkheti through the many different villages. It's really great walk through villages and see their culture and typical Nepali village life. While you are passing these villages you will see Kshetri, Brahman, Sherpa, Newar, and many more different cast and their all the different culture as well. Stay overnight in Namkheti village. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 05 : Trek To Naur Gompa (2900m./9514ft.)

It's about 6 to 7 hours walk from Namkheti to Naur Gompa. You will walk through the village and crops field. Today normally you will climb up. This is sherpa village with Buddhism culture. Visit the monastery and go to pray and learn their interesting culture. Stay overnight in nice place Naur Gompa. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 06 : Trek To Pikey Danda(4070m./13353ft.)

It's about 4 hours walk to Pikey Danda. Pikey Danda is the one of the best place to see the panoramic view of the mountains and valley. This is the place from where you can see the top of the world Mt.Everest and many other mountains. There also you can visit the cheese factory where they make himalayan yak cheese. Stay overnight in hill with such a great view and stars light at night as well. Overnight at Tented Camp (Breakfast, Lunch

Day 07 : Trek To Junbesi Village (2580m./8464ft.)

It's about 7 hours walk today. You will walk through the jungle, hill and villages. Its such a great walk today while you are passing the way from jungle you will have chance to see wild animals and of course many different birds. Junbesi is such a beautiful village. There are few monasteries and many Chorten as well. Enjoy the Buddhist culture and local food. Stay overnight in Junbesi village. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 08 : Trek To Thupten Chholing Gompa (3000m./9842ft.)

It's about 3 hours walk to Thupten Chholing Gompa. Trail to Gompa from Junbesi is very beautiful and pass the several villages and potato field. Thupten Chholing Gompa is the place where most of the monks live there. It's big monastery and there are many monks that they came from Tibet long time ago. There you can go to pray in the morning and evening in the monastery. You will enjoy the being here. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 09 : Trek To Beni Kharka

It's about 6 hours walk to Veri Kharka. We start to walk to the Dudhkunda lake and we can't get village couple of days so we will stay in the jungle. It's really great path with incredible view and landscape. You will have fun to do this trekking, stay in the jungle on tent. You will see the wild animals and many birds. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 10 : Trek To Dudhkunda Lake

It's about 6 hours walk to Dudhkunda lake. You will see the beautiful holy lake Dudhkunda lake on lap of the Numbur Himal. You will stay two night in Dudhkunda lake. This is your destination for for this trekking so enjoy the being here and such an incredible view. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 11 : In Dudhkunda (Exploration Day)

This is free day in Dudhkunda lake so walk around the lake and go up to view point. This is the great Hindu people holy place so pray for your bright future, and visit the temple as well. You will see such a nice sunrise and sun set from Dudhkunda. Enjoy the nature and culture. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 12 : Trek To Chhuware Kharka

It's about 7 hours walk down to Chauri Kharka. Today trails goes normally downhill

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through the jungle and some bare hill. After the Dudhkunda lake you will feel almost finished the trekking. Stay overnight in Chauri kharka. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 13 : Trek To Taksindu

It's about 5 hours walk to Taksindu gumpa. Such a great walk to the Taksindu gumpa. Taksindu Gumpa is located in hill with best view and incredible place. Taksindu monastery is really nice monastery. You will feel great to be here. Visit the monastery and see their culture. Stay overnight in Taksindu Gumpa. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 14 : Trek To Phaplu

Then last day walk about 3 hours to Phaplu airport. In the afternoon walk to the sallery market where located district headquarter of solukhumbu, its half an hour walk from phaplu. The walk back to phaplu and in the evening make last day party in Phaplu and thank for the all the staff and Goodbye to them with hoping to see them again. Overnight at Tented Camp (Breakfast, Lunch and dinner included)

Day 15 : Fly Back To Katmandu

In the morning its about 35 minutes fly to Katmandu. Himalayan Joy adventure will pick up you from the airport and transfer to the hotel. Be fresh in Katmandu after two weeks trekking in mountain and enjoy the walking around in Katmandu. Overnight at Hotel (Breakfast included)

Day 16 : Kathmandu

Free day in Kathmandu as your own. Buy souvenir for friends and family. In the evening Mountain Sherpa Trekking will offer you the last day farewell dinner at typical Nepali Restaurant in Kathmandu. You can enjoy the last dinner in Kathmandu with Nepali cultural show. Overnight at Hotel (Dinner, Breakfast included)

Day 17 : Departure

Our airport representative will take you to international airport according to your flight time. Garland or traditional scarf will be put on your Neck for good wishes.