

Overview

Manaslu trekking is less trekker's trail which starts from Gorkha District where trekkers can drive to Arughat now with private jeep and trek goes toward Larkey la pass after your special visit to Manaslu base camp, this trekking trail is still categorized as restricted trekking trail of Nepal and so require special trekking permit as well as need to arrange MCAP permit and ACAP permit. The trail after Larkey la pass enter into trail of Annapurna Circuit trek and with new road in this trail, you will drive last day of trek to Besisahar and drive to Kathmandu. trekking around Manaslu Larkey la pass starts and end at different place and so trekkers won't repeat same trekking trail like other popular trekking in Nepal.

Guide Nepal holidays organize 17 days special manaslu circuit trek that takes you in more hidden trekking areas inside Manaslu trekking region with adequate rest days before crossing high altitude pass- Larkey la, only one famous high pass in this region, views are spectacular during whole trip. The cost of Manaslu trekking of our company is very special and best package that includes all 3 meals a day plus all trekking permits, private transport in first and last day of trek to/from Kathmandu. Our Local expert sherpa guide and porter will assist you for best trekking experience in this off the beaten trekking trail.

Manaslu has unique environment and exceptionally rich bio diversity which have made this region as the finest tourist destination of Nepal for many years. The region consists of varieties of cultural diversities, natural scenery of the majestic Himalayan ranges, high altitude romantic glacier lakes and fascinating flora and fauna, all these natural and cultural features of this region have made it one of the most popular tourist destination of Nepal and is restricted area requiring special trekking permit to get entry into the region for foreigners.

This trek was forbidden to the tourists till 1991. When for the first time the Japanese Expedition team ascent the Manaslu Peak (8157m.), it became known as "Japanese Mountain". This trek is culturally and geographically important and fascinating. The Tibetans of the upper Budi-Gandaki, the region also known as Nupri (the western mountains), and the Tsum Valley are direct descendants of Tibetan immigrants. Their speech, dress and customs are exclusively Tibetan. The trade between the area and Tibet still goes on. The recent construction of lodges allows a more authentic contact with the inhabitants of this valley.

Itinerary Details

Day 01 : Arrival Kathmandu (1,300m/ 4,264ft)

At Kathmandu international Airport, After Visa formalities complete, we have to come downstairs to collect Luggage and proceed to outside from terminal Building. Please check our Company Name board, Our Guide will be waiting with Guide Nepal Holidays display board at the arrival gate. Upon our arrival at Kathmandu international airport, we will be warmly welcome by our Airport representative guide with Silk scarves as per Sherpa customs. You will be transfer to hotel by Private Vehicle. Check in at Hotel, free

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welcome drinks tea/coffee or any cold drinks/Juices. Company Manager will meet you as per your prefer time & will provide detailed Plans and Briefing about the trip. Optional: Evening Join welcome dinner at best authentic Nepali restaurant where you can enjoy the best Nepali food and cultural show. Overnight stay at best hotel in the Kathmandu.

Day 02 : City Sightseeing In Kathmandu (1,300m/ 4,264ft)

After Breakfast your day will start for sightseeing tour of 4 Popular UNESCO Heritage sites of Kathmandu Valley. Our first destination is Swoyambhunath. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. After this you will visit Living goddess home and Kathmandu Durbar square & Buddhanath (the biggest & Largest Buddhist Stupa in the World). In this Area, you will visit Buddhist Monastery and stop for lunch Break. After Lunch, we will visit Hindus temple Pasupatinath and tour for today is finished. Overnight at Hotel breakfast included.

Day 03 : Kathmandu - Arughat (660 M) - Seti Khola (880 M)

After breakfast at Hotel .Departure by Bus/Jeep early in the morning to Arughat, lunch in a local restaurant in Dhading Besi . An Arughat Bazaar, we leave our bus up with smaller vehicle Seti Khola. Overnight in lodge. 140 km of road.

Day 04 : Seti Khola - Maccha Khola (900 M)

The landscape changes positively. The banks of wooded slopes gradually transformed into towering cliffs. The paved road goes up and down ... More up to Lapbesi , the valley widens again and we follow the bottom , wide bed of white sand. Overnight in lodge . Approximately: 5 hours walking

Day 05 : Maccha Khola - Jagat (1430 M)

The area of cultivated land ends, the slopes become too steep, the few remaining fields are poor. We follow the river wedged between two cliffs to the hot springs of Tatopani . Changing bank by a suspension bridge, we entered a wooded area. Further, the river becomes turbulent, forcing his way among the rocks. Crossing Nero area very high rocky cliffs, and continue to Jagat . Overnight in lodge. Approximately: 6 hours of walking.

Day 06 : Jagat - Eclebati (1700 M) - Dyang (1800 M)

Morning departure Jagat , interesting little town in style houses characteristic of the entry in the high valleys ; a " 7000" modest looms before us: Shringi Himal . Eclebati lunch. The valley is collected in the extreme, the landscape becomes quite alpine. Beautiful pine forests bordering the path . We borrow a balcony path carved into the cliff just above the vacuum. View of the mountains of Ganesh Himal Chuli Himal and. Continuation of the way to the village of Dyang . Overnight in lodge. Approximately: 7 hours of walking.

Day 07 : Dyang - Bi Phedi (2050 M) - Namrung (2,660 M)

The river flows at the bottom of a deep and narrow gorge ; by a cliff path we follow this beautiful canyon. The trail begins to climb through a frankly extraordinary forest , combining the characteristics of different vegetation stages . It also meets many monkeys. We are now in full Buddhist country; amount of mani walls (stones decorated with Buddhist carvings) , often beautiful , and prayer flags fluttering in the wind . Overnight in lodge. Approximately: 5 hours walking

Day 08 : Namrung - Shyaula (3480 M) - Syalagaon (3520 M)

We go through Ligaon , Sho , Lo , beautiful villages " Tibetan " with normally busy in the fields. Manaslu and its various satellites appear above the larch forests and temples ... Camp in the middle of the "new" village Shyaula at the foot of Manaslu . A special day of beauty , of those that you never forget . Overnight in lodge. Approximately: 7 hours of walking.

Day 09 : Syalagaon - Glacier Pung Gyen - Sama Gompa (3550 M)

Climb a little steep to the edge of the glacier Pung Gyen (about 3900 m) at the foot of several Himalayan giants including the imposing east face of Manaslu (4000 meters face unbeaten so far , we understand why watching it !) . After crossing the river that comes out of the glacier, we descend to the beautiful village of Sama (3360 m) before returning to Sama Gompa . Overnight in lodge. Approximately: 5 hours walking.

Day 10 : Ascent Of Manaslu Base Camp (4800 M) - Sama Gompa (3550 M)

The first part takes place in a beautiful pine forest, then quickly we overlook the beautiful lake and glacier crevasses tormented Manaslu. It really gorgeous place well worth it! Laces tight wire can reach the moraine leading to base camp. In the spring, but more in autumn, many tents candidates climb the mountain of color stains. The descent takes place the same way, it is possible to shorten the ascent if fatigue is felt. Overnight in lodge.7 hours of walking.

Day 11 : Sama Gompa - Samdo (3800 M)

Step Tibetan village Samdo , the last before the pass , place terribly isolated in the north face of Pan Phuchi , 3 hours walking cervical Lajyang (4998 m , easy way to Tibet , once used by merchants and their caravans of yaks) . Overnight in lodge. 4 hours of walking.

Day 12 : Samdo - Base Of The Pass (4300 M)

We continue to climb steadily in a landscape of pastures where yaks graze; on the left, black glaciers and austere rock faces. Overnight in lodge. Approximately: 4 hours of

Day 13 : Base Of The Pass - Larkya La (5135 M) - Bimdakhati (3650 M)

The climb continues on the eastern side of the neck, soft, and sweet too, gives the feeling of not moving forward. In focus, the beautiful peak Larkya. There, and throughout the descent of a huge moraine, fantastic panorama on the circus Peri Himal. Overnight in lodge . Approximately: 10 hours of walking.

Day 14 : Bimdakhati - Tilje (2300 M)

For a few hours, we do not know where to turn: the massive Peri Himal, the huge circus west Manaslu ... Breathtaking ! Magical atmosphere in the forest rhododendrons, towering trees , lichen branches and glaciers in the background. We move along the Dudh Khola , an impetuous torrent. Overnight in lodge. Approximately: 6 h 30 walking

Day 15 : Tilje - Tal - Chamje Jagat (1150 M)

Descent along the Dudh Khola where we Thonje to the junction with Marsyandi and around Annapurna. Then an hour and a half later, arrived in the village of Tal and his beautiful waterfall before continuing to reach Jagat where we plant the tent. Overnight in lodge. Approximately: 8 hours of walking.

Day 16 : Jagat - Bhulbhule - Khudi - Besisahar - Dumre - Kathmandu

Early morning departure by car to reach Besisahar. After 3-4 hours of driving, we find the main road Dumre. Still 3-4 hours drive from Kathmandu and our hotel. Overnight at hotel .

Day 17 : Departure to Airport and Fly Back to Home. (B)

Morning free for last Minute shopping or time as your own. Our driver and airport representative drive you to the airport in time for your flight back home. We ensure that you leave Kathmandu with cherishing memory and an experience of a lifetime. Breakfast included.