

Overview

Trek Kailash from far Western Nepal Simikot is one of the adventure trip. Like a diamond in a green rock, Mount Kailash throne, resplendent on the Tibetan plateau. At the heart of four religions Indian subcontinent, this mountain is from time immemorial a privileged pilgrimage. Every year during the full moon of the month of the horse (Saga Dawa) held a unique festival of its kind that brings together Tibetan pilgrims around the mast flags prayers Tarboche.

After hanging up new flags and erect the mast, the pilgrims set off on a wild ride around Mount Kailash, they make the kora. After a week of walking in the valley of the Karnali Simikot in Nepal, we walk in the footsteps of pilgrims Hindu, Buddhist and Bon-po around the sacred mountain. After visiting the mythical places and Tholing Tsaparang (Guge Kingdom, tenth century), we go to Lhasa through the northern very wild and little traveled road.

After one week trekking from Nepal far Western (Simikot) We reach to Hlas the border of Nepal & Tibet. Next day we Cross the Karnali River to Sher and began our an impressive journey to Mount Kailash. A unique opportunity not to be missed.

Itinerary Details

Day 01 : Kathmandu

At Kathmandu international Airport, After Visa formalities complete, we have to come downstairs to collect Luggage and proceed to outside from terminal Building. Please check our Company Name board, Our Guide will be waiting with Mountain Sherpa Trekking & Expeditions display board at the arrival gate. Upon our arrival at Kathmandu international airport, we will be warmly welcome by our Airport representative guide with Silk scarves as per Sherpa customs. You will be transfer to hotel by Private Vehicle. Check in at Hotel, free welcome drinks tea/coffee or any cold drinks/Juices. Company Manager will meet you as per your prefer time & will provide detailed Plans and Briefing about the trip. At the Evening we will offer you welcome dinner at best authentic Nepali restaurant where you can enjoy the best Nepali food and cultural show. Dinner included overnight stay at best hotel in the Kathmandu.

Day 02 : Kathmandu

Free day to achieve the necessary to obtain special permit formalities Tibet. Sightseeing tour of Kathmandu city. Overnight at hotel.

Day 03 : Kathmandu - Nepalgunj

Transfer to the part of the airport that serves domestic flights. Flight to Nepalgunj. If the

weather is clear, beautiful views of the mountain ranges of Manaslu, Annapurna and Dhaulagiris. Nepalgunj is located in the Terai plain, not far from the border, and much resembles a small Indian city. Overnight at hotel.

Day 04 : Nepalgunj - Simikot (2910 M) - Dharapani Trek (2300 M)

Flight to Simikot, the small airport that can approach the valley of Humla, capital of the eponymous district (flights subject to weather and operational hazards). We meet our local team and start trekking that takes us to Tibet. Short climb, then we begin a long descent to the Karnali. First camp. Night in tents. 3 hours of walking.

Day 05 : Dharapani - Kermi (2700 M)

Walk to Kermi, the first village bhotia, Tibetan culture among rice paddies, orchards and villages Thakuris typical Nepalese hills. Night in tents. 5 hours walking.

Day 06 : Kermi - Yalbang (2,900 m)

After a small pass (3000 m), a steep descent in the forest leads to the hamlet of Seti Khola (2760 m), near a stream that we are experiencing. Camp in the village of Yalbang. Night in tents. 6 hours of walking.

Day 07 : Yalbang - Muchu (2,900 M)

A relatively quiet day without a lot of depth. We walk along the Karnali: blue waters create beautiful landscapes! Many forest, but also villages such as Yangar. We follow a carved cliff until Muchu way. Night in tents. 6 hours of walking.

Day 08 : Muchu - Yari (3670 M)

We descend to Tumkot (2800 m), then ascend along the Bumachiya Khola. We cross the fields of mustard and buckwheat terraced Yari. Night in tents. 6 hours of walking.

Day 09 : Yari - Sip Sip (4300 M)

Climb towards the neck of Nara, which leads to Tibet. Maybe we will cross pilgrims and merchants. Camp before the pass. Night in tents. 4 hours of walking.

Day 10 : Sip Sip - The Nara (4620 M) - Sher (3650 M) - Road Purang

Climb to the top of the pass. We begin the long descent brings us back to the Karnali. A last climb to reach Sher end of the first trekking. We cross the border and are now in Tibet. Kojarnath is the first village with a Sakya monastery. Road to the border market Purang: visit cave monasteries. Night in tents.

Day 11 : Route Purang - Lake Manasarovar (4550 M)

We will discover Lake Manasarovar, the most famous holy lake in all of Asia, revered by Hindus and Buddhists. Two hours away enough; we go to the foot of the stunning Gurla Mandhata (7728m), rarely climbed. We also have wonderful views of Mount Kailash. Camp on the shores of Lake Manasarovar. The more energetic can make a small portion of the kora, the ritual around the lake. Night in tents.

Day 12 : Route Lake Manasarovar To Darchen (4520 M): Sagadawa Festival.

We can stroll by the lake Manasarovar, meet the pilgrims. Then route to the foot of Mount Kailash. We arrive to Darchen, the starting point of the pilgrimage. A small village is formed, added nomad tents. The shops cater pilgrims prayer flags, incense sticks, images of deities ... Overnight in tents.

Day 13 : Tour Mount Kailash: Darchen - Driraphuk (4860 M)

Beginning of the pilgrimage ritual in the direction from left to right. Steady rise in the gorges of the Lha Chu Valley, the impressive red cliffs, the color of Amitabha, the Buddha of Infinite Light. View of the northwest face of Kailash, a perfect pyramid. Night in a camp near the small temple Driraphuk. Night in tents. 6 hours of walking.

Day 14 : Driraphuk - Neck Dolma La (5630 M) - Zutrul Phuk (4790 M)

Slow ascent to Dolma La (5,630 m), the neck that bypasses the Kailash. Pilgrims are many offerings, then bathe in Lake Gauri Kund (5450 m). The believer faces the mirror of the god of death, and discharge mistakes of his past life. Descent to the monastery Zutrul Phuk (4790 m). Night in tents. 7 hours of walking.

Day 15 : Zutrul Phuk - Darchen - Road Tirthapuri

The story of Milarepa permeates Mount Kailash: this is indeed the famous Tibetan yogi master Bonpo challenged and defeated him in the top winner on a rainbow. We visit his hermitage. Descent to Darchen to complete the kora. Road to Tirthapuri, an important place of pilgrimage, visited by all pilgrims of Kailash. There are hot springs, known cure many ailments. Discovery of ritual circuit kora. Night in tents. 3 hours of walking.

Day 16 : Tirthapuri - Dungkar - Piyang

We begin the journey to the kingdom of Guge. We drive first in the highlands, then take a fork to the southwest. We spend several passes, where we may be lucky to have magnificent views of the Indian Himalayas to the south, the Nanda Devi in Ladakh. The landscape becomes more rugged canyons, cliffs of ocher, orange ... Arrival Dungkar. Visit caves, whose paintings, old about 1100 years, may be the oldest in Ngari; their style is

close to the caves of Dunhuang. Excursion to Piyang, whose site is also home to beautiful painted caves, dating from the same era. Night in tents.

Day 17 : Dungkar - Tsaparang - Tholing

The road is dug along the banks of the Sotlej, and we reserve magnificent landscapes eroded. Arrival Tsaparang, former capital of the kingdom of Guge, carved into the cliffs of conglomerate. In the tenth century, the most powerful kingdom of Guge King Yeshe Ö and his successor, invited spiritual teachers and artists Kashmiri painters. Followed the splendor of the kingdom, which left the second diffusion of Buddhism in Tibet. The ruins are spectacular Tsaparang: they are mainly distributed on a hillside, the former royal palace standing at the top. Visit lhakhang karmo (White Temple) and Lhakhang Marpo (red temple). The beautiful murals mix representations of deities of the Buddhist pantheon and scenes from the life of the kingdom of Guge in the tenth century. Overnight camp at tooling. Night in tents.

Day 18 : Tholing - Ali

A day drive to Ali, the administrative capital of western Tibet. We finally leave the valley of the Sotlej, and cross again the beautiful area of canyons view to go. We win the highlands, and follow the course of Gar Tsangpo. Check Ali. Night modest guest house.

Day 19 : Chang Thang

Initially Ali (Senge Tsangpo in Tibetan), we follow the banks of the Indus. Very soon, we gain the great outdoors in western Tibetan, Chang Thang. Four days on the road are required to join the central provinces of U and Tsang, the heart of the Land of Snows. These high mineral plates are beautiful, dotted with numerous turquoise lakes; there are an abundance of animal life: kyangs (wild donkeys), antelopes, birds ... Various Camps. 7-8 hours driving per day.

Day 23 : Sangsang - Lhatse - Shigatse (3860 M)

Since Sangsang, we win the Tsangpo valley, then ride towards Shigatse. Night in hotel. 6 hour drive. NB: the course of 25-27 days is given as an indication. Depending always possible delays on this route scale return to Lhasa can be done more quickly. Only requirement: be in Lhasa in time for our return flights. Visits not made may not give rise to compensation.

Day 24 : Shigatse - Gyantse (3950 M)

Brief visit Tashilhunpo, former residence of Panchen Lamas. Stroll through the old town and its market at the foot of an ancient fortress. Short drive to Gyantse. Visit one of the most beautiful cities of Tibet. Its main street is dominated by a fortress in the shape of a horseshoe. This street leads to the monastery and the famous Kumbum, the great stupa

Kailash Tour Trekking Via Simikot Nepal

of Nepal style dating from the fifteenth century, whose "100,000 Images", possibly one of the finest frescoes of Tibet. Night in hotel.

Day 25 : Gyantse - Lhasa (3600 M)

Climb to the Col du Karo La (5045 m), near the monastery of Ralung (4510 m), the seat of Drukpa Kagyu school, in a circus amazing mountain. Descent to the huge lake Yamdrok Tso, the turquoise waters and multiple ramifications, whose shape is reminiscent of a scorpion. Rise to the neck of Kampa La (4750 m), down in the valley of the Tsangpo, and drive along the Kyi Chu River, which flows in Lhasa. Night in hotel. 5 hr drive. 300 km.

Day 26 : Lhasa (3600 M)

Depending on the time available, visit major sites of Lhasa: the Potala; the Jokhang, in the heart of Lhasa, houses the statue of Buddha Tibet's most revered; the Jowo. Night in hotel.

Day 27 : Lhasa Departure (B)

Our adventure Tour and Treks comes to an end today! If we have more time we can do some shopping or sightseeing. A representative from Mountain Sherpa Trekking & Expeditions will escort us to the airport for our onward journey. We can either get back to Kathmandu by flight or Flight to Chengdu or continue to mainland China on our way to home.