

Overview

This trekking, tour, Rafting and Paragliding adventure combines the most famous destinations that will leave you wanting more. We will visit Kathmandu, White water rafting at Trisuli River, pokhara city, short trek/hike to Dhampus and Paragliding from Sarangkot to Pokhara. This is a multi adventure trip that ideal for those who wish to enjoy Nepal by a mixture of hiking and trekking, Rafting and Paragliding. An experience guide will be with us the whole time. We make sure you get fresh air and a little exercise every day. In this trip we have full flexibility to choose what to do according to the weather and your wishes. The Panoramic views of Himalaya from the trek are something you will never have seen before. From Pokhara we trek to the famous Village Dhampus. From where, we will have great views of Annapurna mountain range. Next day we Trek the up to Sarangkot, next to the famous View point for Sunrise and Sunset. Afterwards we go to the Pokhara Valley by flying tandem Paragliding. Our way to Pokhara, we will enjoy wonderful white water rafting at Trisuli River. Originating from the Langtang Himal, a trip on the Trisuli River enjoys scenic valleys, terraced rice fields, and impressive gorges with exciting but not overly challenging white water rapids. The Trisuli is one of Nepal's most popular rivers, providing the option to travel by refreshing river instead of sitting on the bus towards two of Nepal's most popular adventure destinations.

We also visit Kathmandu Valley. the cultural heritage of the Kathmandu Valley is illustrated by seven groups of monuments and buildings which display the full range of historic and artistic achievements for which the Kathmandu Valley is world famous. The seven include the Durbar Squares of Hanuman Dhoka (Kathmandu), Patan and Bhaktapur, the Buddhist stupas of Swayambhu and Baudhanath and the Hindu temples of Pashupati and Changu Narayan.

Itinerary Details

Day 01 : Arrival At Kathmandu, Transfer To Hotel

At Kathmandu international Airport, After Visa formalities complete, we have to come downstairs to collect Luggage and proceed to outside from terminal Building. Please check our Company Name board, Our Guide will be waiting with Guide Nepal Holidays display board at the arrival gate. Upon our arrival at Kathmandu international airport, we will be warmly welcome by our Airport representative guide with Silk scarves as per Sherpa customs. You will be transfer to hotel by Private Vehicle. Check in at Hotel, free welcome drinks tea/coffee or any cold drinks/Juices. Company Manager will meet you as per your prefer time & will provide detailed Plans and Briefing about the trip. We can either relax in the afternoon or hang around. You will have a dinner in a traditional Nepalese restaurant where we take pleasure in a Nepalese cultural program as well as food. Overnight at hotel.

Day 02 : Sightseeing Around Kathmandu Valley, Hotel

After Breakfast your day will start for sightseeing tour of 4 Popular UNESCO Heritage sites of Kathmandu Valley. Our first destination is Swoyambhunath. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. After this you will visit Living goddess home and Kathmandu Durbar square & Buddhanath (the biggest & Largest Buddhist Stupa in the World). In this Area, you will visit Buddhist Monastery and stop for lunch Break. After Lunch, we will visit Hindus temple Pasupatinath and tour for today is finished. Overnight stay at Hotel breakfast included.

Day 03 : Drive To Pokhara, Hotel

After breakfast, we leave Kathmandu and drive for 6 hours we travel to Pokhara by tourist bus, or Private Vehical depending upon the number in your group. On the way to Pokhara We will stop at Charaudi for thrilling white river rafting at Trisuli River. The put-in point for Trisuli River Rafting is located just 3 to 3.5 hour drive west of Kathmandu, making it an excellent choice for wonderful white Water raft in Nepal. The scenery of river Trishuli includes small gorges and a glimpse of the cable car leading to the famous Hindu Temple Manakamana. For the most of the year the rapids encountered on the Trisuli are straightforward, easily negotiated and well spaced-out. Trisuli River is an excellent river for those looking for a short river trip, without the challenge of huge rapids, but with some really exciting rapids, with beautiful scenery and a relatively peaceful environment. During the monsoon months the intensity of the rapids increases and attracts a radically different set of rafters. But there are sections for rafting during the monsoon for those who are looking for simply exciting trip! After Rafting for 2-3 hours we continue drive to Pokhara. You can visit around lakeside region or you can go for boating at Fewa Lake. Overnight at hotel.

Day 04 : Drive To Phedi And Start Trek To Dhampus, Lodge

After breakfast at Hotel an hour drive from Pokhara, we to trek to Phedi and then move to Dhampus (1750m.). It takes about 3 hours; we will walk all the way through cultivated land and Brahman and Chhetri community. Overnight at a lodge in Dhampus.

Day 05 : Trek To Sarangkot, Lodge

On this day we leave Dhampus and trek to apex of the hill of Sarangkot to view fascinating Himalayan ranges including ere you can see panoramic views of Manaslu (8165m.), Annapurna (8091m.), Dhaulagiri (8167m.), Ganesh Himal (7446m.), Machhapuchhre and 25 other mountains over 6000 meters (19,680ft) high Also, you will see stunning views of Pokhara valley, Phewa lake. Overnight at Lodge in Sarangkot.

Day 06 : Trek To Pokhara, Hotel

Today we take tandem Paragliding from Sarangkot. Pokhara is one of the top 5 commercial tandem paragliding locations in the world, with all the right ingredients: stable thermals, convenient take-off and landing zones, the safety of a large lake and incredible

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mountain views. The paragliding season in Pokhara starts in September and ends in early June. The best time to visit is mid Sept till April. The weather is consistent and therefore great for paragliding. During day time we make sightseeing tour of major attractions of Pokhara including cultural sites such as lakes, temples of Hindus and Buddhist, caves, mountain views. You can view the north region across the hill, Phewa Lake to the snow peaks of the Annapurna, Manaslu, Dhaulagiri ranges. Overnight at the hotel in Pokhara.

Day 07 : Drive Back To Kathmandu, Hotel

Leaving behind the wonderful countryside morning, we travel for 6 hours we return back to Kathmandu. We can either take a vehicle for a drive or fly back from the beautiful city Pokhara. On arrival at Kathmandu you will be shifted to the hotel. You can then relax for rest of the day and stay overnight at hotel.

Day 08 : Transfer To Airport, Departure On Your Own Destination

This is your last day, our airport representative Unique Adventure International will drop you to the airport and you will depart from Nepal.